

Dhimant J. Balar, D.O.

EMPLOYMENT:

DBNJ Sports Medicine Specialists: Private Practice in Freehold, Iselin, Manasquan NJ(5/2007-current)
Administrator Operation Kids: National Police Defend Fund (1/2010-current)
Raritan Bay Medical Center: Director of Human Motion Institute and Sports Medicine (1/2012-12/2015)
Woodbridge Township School District: School and Team Physician and Consultant (6/2015-current)
Freehold Township High School: School and Team Physician and Consultant (2010-current)
Hunterdon Orthopedic Institute: Sports Medicine Consultant (3/2013-2/2015)
Brookdale Community College: Team Physician and Consultant (5/2013-5/2014)
Meridian Health Care System: Site Medical Director for Occupational Medicine (9/2006 – 12/2013)
Spine Institute of Central Jersey: CoDirector of Spine Center at CentraState Hospital(1/2012- present)

SPORTS EXPERIENCE:

- (NFL) Philadelphia Eagles training Camp
- (NHL) Philadelphia Flyers Training Camp
- Eastern University
- Rowan University
- Paul VI High School
- Cherry Hill East High School

CLINICAL EXPERIENCE:

- **Children's Hospital of Philadelphia** Ped Orthopedics with Theodore Ganley, MD
- **Pennsylvania Hospital** Hand Orthopedics with Stuart Trager, MD

AWARDS/HONORS:

- **Patient Choice Award 2008-Present**
- **Vital's Compassionat Physician Award 2015**
- **America Top Physician's 2013**

RESIDENCY/FELLOWSHIP / Board Certified:

Pennsylvania Hospital, UPENN Philadelphia, PA: **IM/Sports Medicine 07/05-08/06**
SUNY Stony Brook Long Island, NY. **Internal Medicine 7/02-6/05**

EDUCATION:

- **Philadelphia College of Osteopathic Medicine** Medical Doctor of Osteopathy 8/98-5/02
Post Bachelors Degree of Science 8/97-5/98
- **University of Rhode Island** Bachelors of Arts in Chemistry, 9/92-5/96

REFERENCES:

1. **Gary Dorshimer, MD** Pennsylvania Hospital Sports Medicine Fellowship Director
Delancy Internists, Philadelphia, PA
2. **Arthur Bartolozzi, MD** ARIA 3B Orthopedics, Philadelphia, PA